

SHOZO NISHIMURA Tokyo, Japan

BS 2539

"ALBERTA BOUND"

Opener, Break, Closer

Four little Ladies Promenade, once around the ring you know Get back home and Swing your man – Swing now Join hands, Circle Left; walking, talking round the set Allemande Left your corner, Weave the ring Alberta bound, Alberta bound Swing around then Promenade Alberta bound, Alberta bound It's good to be Alberta bound

Figure

One and Three you Promenade halfway round the ring you know
Down the middle and Square Thru you go
Go all the way around the ring then Right & Left Thru the outside two
Veer to the Left; Ferris Wheel you go
Centers Reverse Wheel Around
Swing the corner Lady; Promenade
Alberta bound, Alberta bound
It's good to be Alberta bound

Tag: It's good to be Alberta bound